

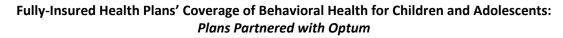
# Fully-Insured Health Plan's Coverage of Behavioral Health for Children and Adolescents: Plans Partnered with Optum

Information contained therein is applicable provided you are contracted to provide the services. Information in the following pages is current as of **February 4, 2020**. This information is intended as a supplemental resource. Please refer to <u>plan documentation</u> for additional details.



# Fully-Insured Health Plans' Coverage of Behavioral Health for Children and Adolescents: \*Plans Partnered with Optum\*\*

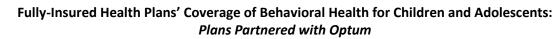
			In-hoi	me Behavioral Servi	ces	
Plan Nam	Procedure Code & Modifier	Unit	Definition	Authorization Procedures	Cost Sharing/Deductible	Other Information
Always Health Partners 844-451-3518 (Optum is the MBHO)	H2014	96 units per day (per 15 min)	A combination of medically necessary behavior management therapy and behavior management monitoring, provided, however, that such services shall be available, when indicated, where the child resides, including in the child's home, a foster home, a therapeutic foster home, or another community setting. In addition, medically necessary services provided to a parent or other caregiver of a child to improve the capacity of the parent or caregiver to ameliorate or resolve the child's emotional or behavioral needs, provided, however, that such service shall be provided where the child resides, including in the child's home, a foster home, a therapeutic foster home, or another community setting.	Does not require authorization	Member eligibility and cost sharing may vary by plan. Providers can go to <a href="https://www.providerexpress.com">https://www.providerexpress.com</a> to check eligibility and cost sharing	All fully insured commercial accounts and partners stating July 1, 2019  Can be billed with other outpatient codes within the same 24-hour period.
Connecticare  888-946-4658  (Optum is the MBHO)	H2014	96 units per day (per 15 min)	A combination of medically necessary behavior management therapy and behavior management monitoring, provided, however, that such services shall be available, when indicated, where the child resides, including in the child's home, a foster home, a therapeutic foster home, or another community setting. In addition, medically necessary services provided to a parent or other caregiver of a child to improve the capacity of the parent or caregiver to ameliorate or resolve the child's emotional or behavioral needs, provided, however, that such service shall be provided where the child resides, including in the child's home, a foster home, a therapeutic foster home, or another community setting.	Does not require authorization	Member eligibility and cost sharing may vary by plan. Providers can go to <a href="https://www.providerexpress.com">https://www.providerexpress.com</a> to check eligibility and cost sharing	All fully insured accounts starting July 1, 2019  Can be billed with other outpatient codes within the same 24-hour period.
Harvard Pilgrim Health Care  888-777-4742  (Optum is the MBHO)	H2014	96 units per day (per 15 min)	A combination of medically necessary behavior management therapy and behavior management monitoring, provided, however, that such services shall be available, when indicated, where the child resides, including in the child's home, a foster home, a therapeutic foster home, or another community setting. In addition, medically necessary services provided to a parent or other caregiver of a child to improve the capacity of the parent or caregiver to ameliorate or resolve the child's emotional or behavioral needs, provided, however, that such service shall be provided where the child resides, including in the child's home, a foster home, a therapeutic foster home, or another community setting.	Does not require authorization	Member eligibility and cost sharing may vary by plan. Providers can go to <a href="https://www.providerexpress.com">https://www.providerexpress.com</a> to check eligibility and cost sharing	All fully insured accounts starting July 1, 2019. ASO accounts may buy-up o the services so timing may vary.  Can be billed with other outpatient codes within the same 24-hour period.
United Healthcare (Optum is the MBHO)	H2014	96 units per day (per 15 min)	A combination of medically necessary behavior management therapy and behavior management monitoring, provided, however, that such services shall be available, when indicated, where the child resides, including in the child's home, a foster home, a therapeutic foster home, or another community setting. In addition, medically necessary services provided to a parent or other caregiver of a child to improve the capacity of the parent or caregiver to ameliorate or resolve the child's emotional or behavioral needs, provided, however, that such service shall be provided where the child resides, including in the	Does not require authorization	Member eligibility and cost sharing may vary by plan. Providers can go to <a href="https://www.providerexpress.com">https://www.providerexpress.com</a> to check eligibility and cost sharing	All fully insured commercial accounts new or upon renewal beginning July 1, 2019.  Can be billed with other outpatient codes within the same 24-hour period.





	child's home, a foster home, a therapeutic foster home, or another	
	community setting.	

				In-home Therapy		
Plan Nam	Procedure Code & Modifier	Unit	Definition	Authorization Procedures	Cost Sharing/Deductible	Other Information
Always Health Partners 844-451-3518 (Optum is the MBHO)	99510	1 unit per day (not a timed code)	Medically necessary therapeutic clinical intervention or ongoing training and therapeutic support, delivering a flexible variety of services under a comprehensive and coordinated treatment plan either where the child resides or where the family engages in the community	Does not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	1. Code will not pay if billed under member's name while the member is in CBAT / 1. 1. 1. ICBAT care; if member is in CBAT or ICBAT care and a provider wants to conduct In-Home Therapy / FST with family, then 99510 will need to be billed under another family member's name.  2. This is a per diem, single unit code. Typically, would be billed no more than 1 x day.  3. Can be billed with other outpatient codes within the same 24 hour period.
Connecticare  888-946-4658  (Optum is the MBHO)	99510	1 unit per day (not a timed code)	Medically necessary therapeutic clinical intervention or ongoing training and therapeutic support, delivering a flexible variety of services under a comprehensive and coordinated treatment plan either where the child resides or where the family engages in the community.	Does not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	1. Code will not pay if billed under member's name while the member is in CBAT / 1. 1. 1. ICBAT care; if member is in CBAT or ICBAT care and a provider wants to conduct In-Home Therapy / FST with family, then 99510 will need to be billed under another family member's name.  2. This is a per diem, single unit code. Typically, would be billed no more than 1 x day.  3. Can be billed with other outpatient codes within the same 24 hour period.
Harvard Pilgrim Health Care  888-777-4742  (Optum is the MBHO)	99510	1 unit per day (not a timed code)	Medically necessary therapeutic clinical intervention or ongoing training and therapeutic support, delivering a flexible variety of services under a comprehensive and coordinated treatment plan either where the child resides or where the family engages in the community	Does not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	1. Code will not pay if billed under member's name while the member is in CBAT / 1. 1. 1. ICBAT care; if member is in CBAT or ICBAT care and a provider wants to conduct In-Home Therapy / FST with family, then 99510 will need to be billed under another family member's name.  2. This is a per diem, single unit code. Typically, would be billed no more than 1 x day.  3. Can be billed with other outpatient codes within the same 24 hour period.
United Healthcare	99510	1 unit per day (not a timed code)	Medically necessary therapeutic clinical intervention or ongoing training and therapeutic support, delivering a flexible variety of services under a comprehensive and coordinated treatment plan	Does not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to	Code will not pay if billed under member's name while the member is in CBAT / 1. 1. 1. ICBAT care; if member is in





(Optum is the		either where the child resides or where the family engages in the	https://www.providerexpress.com to check	CBAT or ICBAT care and a provider wants to
MBHO)		community	eligibility and cost sharing	conduct In-Home Therapy / FST with
				family, then 99510 will need to be billed
				under another family member's name.
				2. This is a per diem, single unit code.
				Typically, would be billed no more than 1 x
				day.
				3. Can be billed with other outpatient
				codes within the same 24 hour period.



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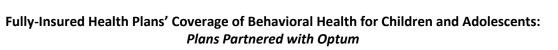
			Mob	ile Crisis Interventio	n	
Plan Nam	Procedure Code & Modifier	Unit	Definition	Authorization Procedures	Cost Sharing/Deductible	Other Information
Always Health Partners 844-451-3518 (Optum is the MBHO)	H2011	96 units per day (per 15 minutes)	A short-term, mobile, on-site, face-to-face therapeutic response service that is available 24 hours a day, 7 days a week to a child experiencing a behavioral health crisis. Mobile crisis intervention is used to identify, assess, treat and stabilize; to reduce the immediate risk of danger to the child or others; and to make referrals and linkages to all medically necessary behavioral health services and supports and the appropriate level of care. The intervention shall be consistent with the child's risk management or safety plan, if any.	Does not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	Can be billed with other outpatient codes within the same 24-hour period.
Connecticare	H2011	96 units per day (per	Mobile crisis intervention includes a crisis assessment and crisis planning, which may result in the development or update of a crisis safety plan.  A short-term, mobile, on-site, face-to-face therapeutic response	Does not require	Member eligibility and cost sharing may	Can be billed with other outpatient codes
888-946-4658 (Optum is the MBHO)		15 minutes)	service that is available 24 hours a day, 7 days a week to a child experiencing a behavioral health crisis. Mobile crisis intervention is used to identify, assess, treat and stabilize; to reduce the immediate risk of danger to the child or others; and to make referrals and linkages to all medically necessary behavioral health services and supports and the appropriate level of care. The intervention shall be consistent with the child's risk management or safety plan, if any. Mobile crisis intervention includes a crisis assessment and crisis planning, which may result in the development or update of a crisis safety plan.	authorization.	vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	within the same 24-hour period.
Harvard Pilgrim Health Care  888-777-4742  (Optum is the MBHO)	H2011	96 units per day (per 15 minutes)	A short-term, mobile, on-site, face-to-face therapeutic response service that is available 24 hours a day, 7 days a week to a child experiencing a behavioral health crisis. Mobile crisis intervention is used to identify, assess, treat and stabilize; to reduce the immediate risk of danger to the child or others; and to make referrals and linkages to all medically necessary behavioral health services and supports and the appropriate level of care. The intervention shall be consistent with the child's risk management or safety plan, if any. Mobile crisis intervention includes a crisis assessment and crisis planning, which may result in the development or update of a crisis safety plan.	Does not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	Can be billed with other outpatient codes within the same 24-hour period.
United Healthcare (Optum is the MBHO)	H2011	96 units per day (per 15 minutes)	A short-term, mobile, on-site, face-to-face therapeutic response service that is available 24 hours a day, 7 days a week to a child experiencing a behavioral health crisis. Mobile crisis intervention is used to identify, assess, treat and stabilize; to reduce the immediate risk of danger to the child or others; and to make referrals and linkages to all medically necessary behavioral health services and supports and the appropriate level of care. The intervention shall be consistent with the child's risk management or safety plan, if any. Mobile crisis intervention includes a crisis assessment and crisis planning, which may result in the development or update of a crisis safety plan.	Does not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	Can be billed with other outpatient codes within the same 24-hour period.

Produced by the Association for Behavioral Healthcare Verification date: February 4, 2020



### Fully-Insured Health Plans' Coverage of Behavioral Health for Children and Adolescents: Plans Partnered with Optum

			Inten	sive Care Coordinati	on	
Plan Nam	Procedure Code & Modifier	Unit	Definition	Authorization Procedures	Cost Sharing/Deductible	Other Information
Always Health Partners 844-451-3518 (Optum is the MBHO)	H0023	1 unit per day	A collaborative service that provides targeted case management services to children and adolescents with a serious emotional disturbance, including individuals with co-occurring conditions, in order to meet the comprehensive medical, behavioral health, and psychosocial needs of an individual and the individual's family. This service includes an assessment, the development of an individualized care plan, referrals to appropriate levels of care, monitoring of goals, and coordinating with other services and social supports and with state agencies, as indicated. ICC is delivered in office, home or other settings, as clinically appropriate.	Requires authorization.  Care Circle Care Management at AllWays Health Partners covering this type of care coordination.  Services for Partners ASO members seeing a contracted provider will not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	Intensive care coordination should be implemented by providers when they are directly contacted by Optum's CCM team and asked to perform this service.  This service is going to be provided by Optum's Internal Complex Care Management (CCM) team. There will be rare situations where our Internal CCM will need to reach out to an external provider to engage in this process. Only in the case where our Internal CCM team reaches out to an external provider will this service be
Connecticare  888-946-4658  (Optum is the MBHO)	H0023	1 unit per day	A collaborative service that provides targeted case management services to children and adolescents with a serious emotional disturbance, including individuals with co-occurring conditions, in order to meet the comprehensive medical, behavioral health, and psychosocial needs of an individual and the individual's family. This service includes an assessment, the development of an individualized care plan, referrals to appropriate levels of care, monitoring of goals, and coordinating with other services and social supports and with state agencies, as indicated. ICC is delivered in office, home or other settings, as clinically appropriate.	Requires authorization.  Care Circle Care Management at AllWays Health Partners covering this type of care coordination.  Services for Partners ASO members seeing a contracted provider will not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	authorized and a single case agreement signed.  Intensive care coordination should be implemented by providers when they are directly contacted by Optum's CCM team and asked to perform this service.  This service is going to be provided by Optum's Internal Complex Care Management (CCM) team. There will be rare situations where our Internal CCM will need to reach out to an external provider to engage in this process. Only in the case where our Internal CCM team reaches out to an external provider will this service be authorized and a single case agreement
Harvard Pilgrim Health Care 888-777-4742 (Optum is the MBHO)	H0023	1 unit per day	A collaborative service that provides targeted case management services to children and adolescents with a serious emotional disturbance, including individuals with co-occurring conditions, in order to meet the comprehensive medical, behavioral health, and psychosocial needs of an individual and the individual's family. This service includes an assessment, the development of an individualized care plan, referrals to appropriate levels of care, monitoring of goals, and coordinating with other services and social supports and with state agencies, as indicated. ICC is delivered in office, home or other settings, as clinically appropriate.	Requires authorization.  Care Circle Care Management at AllWays Health Partners covering this type of care coordination.  Services for Partners ASO members seeing a contracted provider will not require authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check eligibility and cost sharing	signed.  Intensive care coordination should be implemented by providers when they are directly contacted by Optum's CCM team and asked to perform this service.  This service is going to be provided by Optum's Internal Complex Care Management (CCM) team. There will be rare situations where our Internal CCM will need to reach out to an external provider to engage in this process. Only in the case where our Internal CCM team reaches out





						to an external provider will this service be
						authorized and a single case agreement
						signed.
United Healthcare	H0023	1 unit per day	A collaborative service that provides targeted case management	Requires authorization.	Member eligibility and cost sharing may	Intensive care coordination should be
			services to children and adolescents with a serious emotional		vary by plan. Providers can go to	implemented by providers when they are
(Optum is the			disturbance, including individuals with co-occurring conditions, in	Care Circle Care	https://www.providerexpress.com to check	directly contacted by Optum's CCM team
MBHO)			order to meet the comprehensive medical, behavioral health, and	Management at AllWays	eligibility and cost sharing	and asked to perform this service.
			psychosocial needs of an individual and the individual's family. This	Health Partners covering		
			service includes an assessment, the development of an individualized	this type of care		This service is going to be provided by
			care plan, referrals to appropriate levels of care, monitoring of goals,	coordination.		Optum's Internal Complex Care
			and coordinating with other services and social supports and with			Management (CCM) team. There will be
			state agencies, as indicated. ICC is delivered in office, home or other	Services for Partners ASO		rare situations where our Internal CCM will
			settings, as clinically appropriate.	members seeing a		need to reach out to an external provider
				contracted provider will		to engage in this process. Only in the case
				not require authorization.		where our Internal CCM team reaches out
						to an external provider will this service be
						authorized and a single case agreement
						signed.

		Community Based Acute Treatment for Children and Adolescents (CBAT)							
Plan Nam	Procedure Code & Modifier	Unit	Definition	Authorization Procedures	Cost Sharing/Deductible	Other Information			
Always Health Partners	Rev 1001+H0017	Per diem	Mental health services provided in a staff-secure setting on a 24-hour basis with sufficient clinical staffing to ensure safety for the child or adolescent, while providing intensive therapeutic services including,	Requires authorization.  Services for Partners ASO	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check	Must be billed with corresponding HCPCS.			
844-451-3518			but not limited to: daily medication monitoring; psychiatric assessment; nursing availability; individual, group and family therapy;	members seeing a contracted provider will	eligibility and cost sharing				
(Optum is the MBHO)			case management; family assessment and consultation; discharge planning; and psychological testing, as needed. This service may be	not require authorization.					
Connecticare	Rev 1001+H0017	Per diem	used as an alternative to, or transition from, inpatient services.  Mental health services provided in a staff-secure setting on a 24-hour basis with sufficient clinical staffing to ensure safety for the child or	Requires authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to	Must be billed with corresponding HCPCS.			
888-946-4658			adolescent, while providing intensive therapeutic services including, but not limited to: daily medication monitoring; psychiatric	Services for Partners ASO members seeing a	https://www.providerexpress.com to check eligibility and cost sharing				
(Optum is the MBHO)			assessment; nursing availability; individual, group and family therapy; case management; family assessment and consultation; discharge planning; and psychological testing, as needed. This service may be used as an alternative to, or transition from, inpatient services.	contracted provider will not require authorization.					
Harvard Pilgrim Health Care	Rev 1001+H0017	Per diem	Mental health services provided in a staff-secure setting on a 24-hour basis with sufficient clinical staffing to ensure safety for the child or adolescent, while providing intensive therapeutic services including,	Requires authorization.  Services for Partners ASO	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check	Must be billed with corresponding HCPCS.			
888-777-4742			but not limited to: daily medication monitoring; psychiatric assessment; nursing availability; individual, group and family therapy;	members seeing a contracted provider will	eligibility and cost sharing				
(Optum is the MBHO)			case management; family assessment and consultation; discharge	not require authorization.					



#### Fully-Insured Health Plans' Coverage of Behavioral Health for Children and Adolescents: Plans Partnered with Optum

			planning; and psychological testing, as needed. This service may be			
			used as an alternative to, or transition from, inpatient services.			
United Healthcare	Rev 1001+H0017	Per diem	Mental health services provided in a staff-secure setting on a 24-hour	Requires authorization.	Member eligibility and cost sharing may	Must be billed with corresponding HCPCS.
			basis with sufficient clinical staffing to ensure safety for the child or		vary by plan. Providers can go to	
(Optum is the			adolescent, while providing intensive therapeutic services including,		https://www.providerexpress.com to check	
MBHO)			but not limited to: daily medication monitoring; psychiatric		eligibility and cost sharing	
			assessment; nursing availability; individual, group and family therapy;			
			case management; family assessment and consultation; discharge			
			planning; and psychological testing, as needed. This service may be			
			used as an alternative to, or transition from, inpatient services.			

			Intensive Community Based Acut	e Treatment for Chi	dren and Adolescents (ICBAT)	
Plan Name	Procedure Code & Modifier	Unit	Definition	Authorization Procedures	Cost Sharing/Deductible	Other Information
Always Health Partners	Rev 1001+H0018	Per diem	Provides the same services as CBAT but of higher intensity, including more frequent psychiatric and psychopharmacological evaluation and treatment and more intensive staffing and service delivery. ICBAT	Requires authorization.  Services for Partners ASO	Member eligibility and cost sharing may vary by plan. Providers can go to <a href="https://www.providerexpress.com">https://www.providerexpress.com</a> to check	Must be billed with corresponding HCPCS.
844-451-3518			programs have the capability to admit children and adolescents with more acute symptoms than those admitted to CBAT. ICBAT programs	members seeing a contracted provider will	eligibility and cost sharing	
(Optum is the MBHO)			are able to treat children and adolescents with clinical presentations similar to those referred to inpatient mental health services but who are able to be cared for safely in an unlocked setting. Children and adolescents may be admitted to an ICBAT directly from the community as an alternative to inpatient hospitalization. ICBAT is not used as a step-down placement following discharge from a locked, 24-hour setting.	not require authorization.		
Connecticare	Rev 1001+H0018	Per diem	Provides the same services as CBAT but of higher intensity, including more frequent psychiatric and psychopharmacological evaluation and	Requires authorization.	Member eligibility and cost sharing may vary by plan. Providers can go to	Must be billed with corresponding HCPCS.
888-946-4658			treatment and more intensive staffing and service delivery. ICBAT programs have the capability to admit children and adolescents with	Services for Partners ASO members seeing a	https://www.providerexpress.com to check eligibility and cost sharing	
(Optum is the MBHO)			more acute symptoms than those admitted to CBAT. ICBAT programs are able to treat children and adolescents with clinical presentations similar to those referred to inpatient mental health services but who are able to be cared for safely in an unlocked setting. Children and adolescents may be admitted to an ICBAT directly from the community as an alternative to inpatient hospitalization. ICBAT is not used as a step-down placement following discharge from a locked, 24-hour setting.	contracted provider will not require authorization.		
Harvard Pilgrim Health Care	Rev 1001+H0018	Per diem	Provides the same services as CBAT but of higher intensity, including more frequent psychiatric and psychopharmacological evaluation and treatment and more intensive staffing and service delivery. ICBAT	Requires authorization.  Services for Partners ASO	Member eligibility and cost sharing may vary by plan. Providers can go to https://www.providerexpress.com to check	Must be billed with corresponding HCPCS.
888-777-4742			programs have the capability to admit children and adolescents with more acute symptoms than those admitted to CBAT. ICBAT programs	members seeing a contracted provider will	eligibility and cost sharing	
(Optum is the MBHO)			are able to treat children and adolescents with clinical presentations similar to those referred to inpatient mental health services but who are able to be cared for safely in an unlocked setting. Children and	not require authorization.		



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			adolescents may be admitted to an ICBAT directly from the			
			community as an alternative to inpatient hospitalization. ICBAT is not			
			used as a step-down placement following discharge from a locked,			
			24-hour setting.			
United Healthcare	Rev 1001+H0018	Per diem	Provides the same services as CBAT but of higher intensity, including	Requires authorization.	Member eligibility and cost sharing may	Must be billed with corresponding HCPCS.
			more frequent psychiatric and psychopharmacological evaluation and		vary by plan. Providers can go to	
(Optum is the			treatment and more intensive staffing and service delivery. ICBAT	Services for Partners ASO	https://www.providerexpress.com to check	
MBHO)			programs have the capability to admit children and adolescents with	members seeing a	eligibility and cost sharing	
			more acute symptoms than those admitted to CBAT. ICBAT programs	contracted provider will		
			are able to treat children and adolescents with clinical presentations	not require authorization.		
			similar to those referred to inpatient mental health services but who			
			are able to be cared for safely in an unlocked setting. Children and			
			adolescents may be admitted to an ICBAT directly from the			
			community as an alternative to inpatient hospitalization. ICBAT is not			
			used as a step-down placement following discharge from a locked,			
			24-hour setting.			